**Chapter: Final Exam**

**Multiple Choice**

1. Which of the following is an example of using a nursing model to interact with a patient?

A) Instruct a patient with hypertension to reduce sodium intake.

B) Advise a patient who smokes to join a smoking cessation group.

C) Tell a patient who has elevated cholesterol levels to remember to take their medications.

D) Work with a patient to develop an action plan that fits their goals and lifestyle.

Ans: D

Complexity: Moderate

Ahead: Nursing Theories

Subject: Chapter 1

Title: Nursing Science and Theory: Scientific Underpinnings for Practice

Taxonomy: Application

2. Which of the following is an example of primary prevention in Neuman’s Systems Model?

A) Screening for cervical cancer

B) Providing chemotherapy to a patient with breast cancer

C) Participation in a diabetes management support group

D) Prescribing statin treatment for a patient with hypertension

Ans: A

Complexity: Difficult

Ahead: Nursing Theories

Subject: Chapter 1

Title: Nursing Science and Theory: Scientific Underpinnings for Practice

Taxonomy: Analysis

3. Which of the following embraces soft or interpretive human sciences?

A) Empiricism

B) Postpositivism

C) Entipositivism

D) Positivism

Ans: B

Complexity: Easy

Ahead: Scientific Foundations of Nursing Practice

Subject: Chapter 1

Title: Nursing Science and Theory: Scientific Underpinnings for Practice

Taxonomy: Recall

4. Which of the following practices of transformational leadership would involve experimenting with a new approach to fix an organizational problem within a healthcare system?

A) Challenging the process

B) Inspiring a shared vision

C) Enabling others to act

D) Modeling the way

Ans: A

Complexity: Difficult

Ahead: Systems Thinking and Advanced Practice

Subject: Chapter 2

Title: Systems Thinking, Healthcare Organizations, and the Advanced Practice Nurse Leader

Taxonomy: Application