**Chapter: Final**

**Multiple Choice**

1. Which of the following types of interventions are those that target families, groups, or individuals with multiple risk factors for a health problem?

A) Focused prevention interventions

B) Selected prevention interventions

C) Indicated prevention interventions

D) Universal prevention interventions

Ans: C

Complexity: Easy

Ahead: Community Intervention or Intervention in a Community?

Subject: Chapter 10

Title: Communities and Populations as the Focus for Health Promotion Programs

2. Which state of the REACH model revolves around improving the community environment as well as the knowledge, attitudes, beliefs, and behaviors of influential individuals and groups?

A) Capacity building

B) Targeted actions

C) Community/systems change

D) Health disparity reduction

Ans: C

Complexity: Easy

Ahead: Community Intervention or Intervention in a Community?

Subject: Chapter 10

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3. The business of public health, by nature, is the business of addressing the health of which type of aggregates?

A) Individual aggregates

B) Group aggregates

C) Community aggregates

D) Population aggregates

Ans: D

Complexity: Easy

Ahead: Population-Based Health Promotion

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4. Which of the following means that an intervention or program you put in place needs to schedule activities (hours, locations) so that members of the target population can participate?

A) Monitoring

B) Targeting

C) Tailoring

D) Focusing

Ans: C

Complexity: Easy

Ahead: Tailoring

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