Import Settings:

Base Settings: Brownstone Default

Information Field: Complexity

Information Field: Ahead

Information Field: Subject

Information Field: Title

Highest Answer Letter: E

Multiple Keywords in Same Paragraph: No

NAS ISBN13: 9781284348262, add to Ahead, Title tags

Final Exam

Multiple Choice

1. Julie is a dietitian who frequently uses the ABCDs of Nutritional Assessment in Older Persons. These include anthropometric measurements, biochemical parameters, clinical evaluation, and which of the following?

A) Dietary history/functional assessment

B) Diabetes risk

C) Dietary tendency/functional assessment

D) Didactic measurements

Ans: A

Ahead: Nutrition Assessment

Subject: Chapter 11

Complexity: Moderate

Title: Promoting Health and Preventing Disease in Older Persons

2. Amanda’s 74-year-old grandmother is classified as being at risk for poor nutritional status. Which of the following is *not* a common risk factor?

A) Chronic medication use

B) Social isolation

C) Dementia

D) Living with family members

Ans: D

Ahead: Lifestyle and Socioeconomic Factors That May Influence the Aging Process

Subject: Chapter 11

Complexity: Moderate

Title: Promoting Health and Preventing Disease in Older Persons

3. The safest way to supplement the diet is to take a multivitamin and mineral supplement that provides no more than \_\_\_\_\_\_\_ of the Daily Value.

A) 80%

B) 90%

C) 100%

D) 110%

Ans: C

Ahead: Multivitamin/Mineral Supplements

Subject: Chapter 11

Complexity: Difficult

Title: Promoting Health and Preventing Disease in Older Persons

4. Which of the following is *not* a phytochemical?

A) Lycopene

B) Resveratrol

C) Lycopene

D) Cholesterol

Ans: D

Ahead: Leading Causes of Death and Disability in Older Persons

Subject: Chapter 11

Complexity: Moderate

Title: Promoting Health and Preventing Disease in Older Persons