Addictions Counseling: A Competency-Based Approach

Practice Test with Answers

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Oxford University Press

PRACTICE QUESTIONS - Answers

**CHAPTER ONE – COMPETENCIES, STANDARDS, AND CASE SCENARIO**

1. The initials KSA stands for: **(D pg. 2)**
   1. Knowledge, Skills and Aptitude
   2. Knowledge, Strengths and Aptitude
   3. Knowledge of Substance Abuse
   4. Knowledge, Skills and Attitudes
2. SAMHSA’s TAP 21 stands for: **(C pg. 2)**
   1. the 21 skills of a counselor
   2. the accreditation benchmarks for substance abuse counselors
   3. Technical Assistance Publication #21
   4. the 21 Treatment Assessment Protocol’s
3. There are four foundations under Transdisciplinary Foundation: **(A pg. 2)**
   1. professional readiness, understanding addiction, application to practice, and treatment knowledge
   2. understanding substance abuse, treatment skills, application to practice, and professional readiness
   3. clinical evaluation, treatment planning, referral, and counseling
   4. clinical evaluation, treatment planning, counseling, and documentation
4. One of the competencies for Contextual Dimensions is: **(B pg. 4-5)**
   1. Psychological tests and assessments in addiction counseling
   2. Role of wellness and spirituality in the addiction recovery process
   3. Strategies for interfacing with the legal system regarding court referred clients
   4. Roles and settings od addictions counselors
5. The following statement is published by which of the following organizations? **(A pg. 8)**

*“select appropriate intervention strategies based on the assessment, research knowledge, and values and preferences of clients and constituents”:*

* 1. CSWE
  2. CACREP
  3. SAMHSA
  4. IC&RC

True/False

1. Within Tap 21, there are 100 competencies located within the eight Practice Dimensions? **(True pg. 3)**
2. Within TAP 21 - Section 1: Transdisciplinary Foundations has four foundations; and Section II: Professional Practice has six dimensions. **(False p. 2-3)**
3. Contextual Dimensions are located under CACREP accreditation standards for Addiction Counselors. **(True pg. 4)**
4. IC&RC stands for International Certification and Reciprocity Consortium. **(True pg. 9)**
5. The two accreditation standards addressed in this text are CSWE and IC&RC. **(False pg 3 & 9)**

**CHAPTER TWO - INTAKE**

1. Information shared in a counseling session is considered to be privileged (meaning it is strictly between the client and therapist EXCEPT: **(B pg. 30)**
2. When the therapist feels the client is not being truthful
3. When the client states they are going to harm themselves or someone else, or they disclose information about a child being abused
4. When the therapist feels it is in the best interest of the client to share the information with another professional
5. None of the above
6. The elements that must be included in a confidential release of information form are: **(A pg. 28)**
7. It must include to whom the information is released, what can be released, and how long the release will remain in effect
8. It must include the client’s date of birth
9. It must include the client’s reason for seeking treatment
10. All of the above
11. The first thing that must be determined in the intake process is: **(B, p. 23)**
12. The verification of benefits
13. The presenting problem
14. The motivation to seek treatment
15. The referral source (i.e. court vs. self-referred)
16. A client who is suicidal should be immediately referred to: **(D, 23)**
17. Crisis services
18. Law enforcement
19. Emergency room
20. All of the above
21. Most of the risks involved in substance abuse treatment involve:

(**A, p. 26)**

1. Confidentiality problems
2. Lack of motivation on the part of the client
3. Issues with family
4. All of the above

True/False

1. Intakes involve two parts of the admission process, the legal and the assessment. **(False, p. 22)**
2. The intake process starts with a potential referral. **(True, p.22)**
3. A client has the right to decide for themselves whether or not to accept/refuse treatment. (**True, p. 27)**
4. The federal government has no requirements on what can/can’t be released in terms of confidential information about substance abuse treatment. (**False, p. 28)**
5. Drug or alcohol abuse is considered to be a risk factor for suicide. (**True, p. 30)**