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| 1. The stated and unstated rules a society establishes to govern proper conduct are referred to as \_\_\_\_\_.   |  |  | | --- | --- | | *ANSWER:* | norms | |

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| 2. In the definition of abnormality, behavior characterized as different from the norm is described as \_\_\_\_\_.   |  |  | | --- | --- | | *ANSWER:* | deviant | |

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| 3. When a person experiences unpleasant and upsetting feelings, this represents the aspect of the definition of abnormality called \_\_\_\_\_.   |  |  | | --- | --- | | *ANSWER:* | distress | |

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| 4. A society's norms grow from its history, values, institutions, habits, skills, technology, and arts. All these elements together are called the society's \_\_\_\_\_.   |  |  | | --- | --- | | *ANSWER:* | culture | |

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| 5. When a person's feelings or behaviors interfere with his or her daily routines, this represents the aspect of the definition of abnormality called \_\_\_\_\_.   |  |  | | --- | --- | | *ANSWER:* | dysfunction | |

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| 6. If a person considers attempting suicide, this represents the aspect of the definition of abnormality called \_\_\_\_\_.   |  |  | | --- | --- | | *ANSWER:* | danger | |

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| 7. When behavior is odd or whimsical but does no harm, it is best classified not as abnormal but as \_\_\_\_\_.   |  |  | | --- | --- | | *ANSWER:* | eccentric | |

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| 8. A procedure to change abnormal behavior into more normal behavior is called treatment or \_\_\_\_\_.   |  |  | | --- | --- | | *ANSWER:* | therapy | |

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| 9. Although some clinicians refer to the person they are treating as a patient, others refer to the person as a(n) \_\_\_\_\_.   |  |  | | --- | --- | | *ANSWER:* | client | |

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| 10. The procedure that a priest or other powerful person might perform to drive evil spirits from a person is called \_\_\_\_\_.   |  |  | | --- | --- | | *ANSWER:* | exorcism | |

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| 11. \_\_\_\_\_ believed that abnormal behavior was caused by brain pathology that was a consequence of an imbalance in the four humors of the body.   |  |  | | --- | --- | | *ANSWER:* | Hippocrates | |

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| 12. During the Middle Ages, a person who believed that he or she was possessed by wolves or other animals was said to be suffering from \_\_\_\_\_.   |  |  | | --- | --- | | *ANSWER:* | lycanthropy | |

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| 13. The treatment for mental illness espoused by French physician Philippe Pinel and English Quaker William Tuke was called \_\_\_\_\_ treatment by their contemporaries.   |  |  | | --- | --- | | *ANSWER:* | moral | |

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| 14. The view that physical causes are at the root of mental illnesses is called the \_\_\_\_\_ perspective.   |  |  | | --- | --- | | *ANSWER:* | somatogenic | |

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| 15. According to the \_\_\_\_\_ perspective, psychological causes are at the root of mental illness.   |  |  | | --- | --- | | *ANSWER:* | psychogenic | |

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| 16. The psychoanalytic view of causes of abnormal and normal behavior fits into the \_\_\_\_\_ model.   |  |  | | --- | --- | | *ANSWER:* | psychogenic | |

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| 17. A major development in the treatment of the mentally ill was the introduction of \_\_\_\_\_ medications.   |  |  | | --- | --- | | *ANSWER:* | psychotropic | |

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| 18. The reduction in the number of people housed in mental hospitals in the last 40 years can be attributed to a trend called \_\_\_\_\_.   |  |  | | --- | --- | | *ANSWER:* | deinstitutionalization | |

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| 19. Rather than wait for psychological disorders to occur, many of today's community mental health programs emphasize \_\_\_\_\_.   |  |  | | --- | --- | | *ANSWER:* | prevention | |

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| 20. \_\_\_\_\_ psychology uses feelings such as optimism and happiness, and traits like hard work and wisdom, to promote mental health in the face of stress and adversity.   |  |  | | --- | --- | | *ANSWER:* | Positive | |

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| 21. \_\_\_\_\_ psychology seeks to understand how variables such as race, ethnicity, and gender affect behavior and thought.   |  |  | | --- | --- | | *ANSWER:* | Multicultural | |

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| 22. The dominant form of insurance for mental health treatment involves the insurance company in treatment decisions. This type of insurance is called a \_\_\_\_\_ program.   |  |  | | --- | --- | | *ANSWER:* | managed care | |

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| 23. Someone who went to medical school and then completed three to four additional years of training as a mental health specialist is called a \_\_\_\_\_.   |  |  | | --- | --- | | *ANSWER:* | psychiatrist | |

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| 24. Someone who earned a doctorate in clinical mental health care and then completed five to six years of training in abnormal functioning and its treatment is called a \_\_\_\_\_.   |  |  | | --- | --- | | *ANSWER:* | clinical psychologist | |

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| 25. The use of remote technologies to provide real-time therapy without the therapist being physically present is called \_\_\_\_\_ health.   |  |  | | --- | --- | | *ANSWER:* | telemental | |