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From a free-body diagram of the handle, the equations of equilibrium give

$$\circlearrowleft \Sigma M_F = 0: \quad 30(1000) - 8F_{DE} = 0$$

$$F_{DE} = 3750 \text{ lb}$$

Since DE is a two-force member, the axial force on every cross section is the same

$$P = 3750 \text{ lb (C)} \quad \text{Ans.}$$

and the shear force and the bending moment are both zero

$$V = 0 \text{ lb} \quad \text{Ans.}$$

$$M = 0 \text{ lb} \cdot \text{ft} \quad \text{Ans.}$$

